



Balint Leadership Training Intensive

Thursday March 11-
Sunday March 14, 2010

Santa Rosa, California

Training Leaders in
Relationship Centered Care



Jointly Sponsored by the
American Balint Society
www.americanbalintsociety.org

Sutter Medical Center of Santa Rosa
Santa Rosa Family Medicine Residency

Balint Groups

Balint groups are a powerful experiential method of training physicians in therapeutic communication and effective use of the doctor-patient relationship. They have been used to teach a wide range of professional and interpersonal competencies throughout the United States and internationally. The "Balint group" has traditionally been a group of physicians who meet regularly and present cases to better understand the doctor-patient relationship. The group focuses on enhancing the physician's ability to connect with and care for the patient.

Target Audience

The training is designed for medical educators and practicing clinicians who teach/explore the clinician-patient relationship. Trainings include physicians, psychiatrists, psychologists, social workers and mental health professionals. Residents, students and fellows, as well as community clinicians who want to learn more about Balint work, are also welcome.

Conference Description

This training offers practical, experiential learning opportunities for those who are currently leading or hope to lead Balint Groups. Small group sessions are led by two faculty members who are credentialed Balint leaders. Each session includes a Balint group followed by debriefing of group process and leader interventions. Participants have the opportunity to practice leading Balint Groups and receive feedback on their leadership skills. Each group will videorecord a Balint Group and debrief it. Critical issues of Balint work will be addressed during topic-focused discussions. During this Balint Leadership Training Intensive, a few experienced participants may be co-leading small group sessions as a part of an evaluation process by which they hope to become Credentialed Balint Group leaders. If this occurs, we may ask all members of their small group to complete an assessment of the candidate's effectiveness during one of the two sessions in which the candidate is acting as a co-leader. We believe this process furthers your learning of Balint leadership skills, in addition to offering the candidate helpful feedback.

Learning Objectives

At the end of the training, attendees will be able to:

1. Describe verbal and non-verbal leadership behaviors of Balint Group leaders
2. Demonstrate the effectiveness of different leadership interventions
3. Identify process and progression of a Balint Group, over multiple group sessions
4. Define the new perspective of the presenter as a result of the Balint Group process

Schedule

Thursday, March 11

12:00-1:30	Registration
1:30-2:30	Large Group: Review of Balint group process & history, logistics
2:45-6:00	Small Group Balint Sessions #1 & #2
6:15 -7:15	Topic focused discussions
7:30	Dinner together

Friday, March 12

8:00-12:45	Small Group Balint Sessions #3, #4, & #5
12:45-1:45	Lunch together
1:45 - 3:15	Small Group Balint Session #6
3:30 - 5:30	Small Groups review videotapes
Evening	On your own

Saturday, March 13

8:00 - 11:00	Small Group Balint Sessions #7 & #8
11:15 - 12:30	Discussion topics in Small Interest Groups
Afternoon	Free time – rest, meditate, explore, exercise, dialogue, etc.
7:00	Dinner together at local restaurant

Sunday, March 14

8:00 - 9:30	Small Group Balint Session #9
9:30 - 10:00	Closure for Small Groups
10:15 -11:30	Final Large Group Session: review, future directions, closure

Notes

Registration will be limited to 40 participants.

All registrants must be or become members of the American, or their respective nation's Balint Society.

Application does not guarantee acceptance. The American Balint Society reserves the right to choose the participants and registrants for its programs and to assign participants to small groups in order to maximize the educational and professional experience offered. We reserve the right to refuse registrations and to cancel registrations already made. In the event of cancellation, any registration fees paid will be refunded. Such refund shall represent the entire liability to the registrant.

Registration Deadline: February 4, 2010

Tuition

Single registration

\$550 if received by January 7, 2010

\$600 after January 7, 2010

2 or more from the same program

\$525 each if received by January 7, 2010

\$575 each after January 7, 2010

Residents, students, fellows receive a

20% reduction

\$440 if received by January 7, 2010

\$480 after January 7, 2010

All registration fees include syllabus and the meals listed in the conference schedule.

Cancellation Policy

All cancellations must be requested in writing. In order to receive a refund, the request must be received before February 18, 2010. \$100 of the registration fee will be withheld for administrative fees. Refunds will be issued after the conference. The ABS reserves the right to cancel or postpone any course due to unforeseen circumstances or insufficient enrollment. In that case, full tuition will be refunded.

Hotel and Conference Site

Santa Rosa is approximately 65 miles north of San Francisco in the heart of Sonoma Wine Country. The conference will take place at the Hilton Garden Inn Sonoma County Airport.

The American Balint Society has negotiated a special room rate that includes breakfast for guests. Please mention the American Balint Society when making reservations. The hotel cannot guarantee room availability after February 11, 2010. The Hilton Garden Inn can be reached by telephone, 707-545-0444 or website:

www.SonomaCountyAirport.HGI.com

Transportation

Fly into San Francisco (SFO), Oakland (OAK), or Sonoma County Airport (SCA). Allow at least two hours if driving from SFO or OAK and try to avoid rush hour. The Hilton Garden Inn provides free parking for guests. If you prefer to take the shuttle from SFO or OAK, please consult the website of the Sonoma County Airport Express:

<http://www.airportexpressinc.com/home.html>

for transportation times to SCA. A complimentary five minute hotel shuttle is available from SCA to the Hilton Garden Inn with advance notification to the Inn.

Course Director

Ritch Addison, PhD

Past President, American Balint Society
Clinical Professor, UCSF Dept of Fam and Comm Medicine
Behavioral Medicine Director, Family Medicine Residency
Santa Rosa, California

Additional Faculty

Ellen Barnett, MD, PhD

Assoc Clin Professor, UCSF Dept of Fam and Comm Med
Integrative Medical Clinic of Santa Rosa
Santa Rosa, California

Alec Chessman, MD

Professor & Predoctoral Director
Department of Family Medicine
Medical University of South Carolina
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Maria Devens, PhD, ABPP

Asst Professor of Psychology in Clinical Family Medicine
Director of Behavioral Science, Dept of Family Medicine
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Chicago, Illinois

Albert Lichtenstein, PhD

Chair, Credentialing Coordinating Committee, ABS
Director of Behavioral Science and Senior Assoc Director
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Sayre, Pennsylvania

Jillian Romm, RN, LCSW

Secretary, American Balint Society
Associate Professor, ObGyn
Director, Mental Health Center for Women's Health
Oregon Health & Science University
Portland, Oregon

Jeff Sternlieb, PhD

President-Elect, American Balint Society
Department of Family Medicine
Lehigh Valley Hospital Family Practice Residency
Allentown, Pennsylvania

Greg Troll, MD

Associate Dean, Curriculum and Faculty Development
Touro University College of Osteopathic Medicine
Vallejo, California

Janet Walker, MD

Treasurer, American Balint Society
Family Physician, Group Health Permanente
Spokane, Washington

All faculty members are credentialed as Balint Group Leaders by the American Balint Society. Faculty present will depend on number of small groups.

In accordance with ACCME requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials distributed at the time of the conference.

Please Note

Participants should be clinically active and willing to present cases.

It is important to participate in the entire program. Success of the conference depends on group cohesiveness. Please do not plan to arrive late, leave early or miss sessions.

Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program.

Please be aware that intensive Balint training can stir up strong feelings. If you are at a particularly vulnerable time in your life, you may want to consider completing this training at a later date.

Accreditation

This activity has been planned and implemented in accordance with the Institute for Medical Quality and the California Medical Association's CME Accreditation Standards (IMQ/CMA) through the Joint Sponsorship of Sutter Medical Center of Santa Rosa (SMCSR) and the American Balint Society. SMCSR is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. SMCSR takes responsibility for the content, quality and scientific integrity of this CME activity.

Sutter Medical Center of Santa Rosa designates this educational activity for a maximum of 21 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

The Board of Psychology recognizes and accepts for continuing education courses that are Continuing Medical Education (CME) courses specifically applicable and pertinent to the practice of psychology and that are accredited by the California Medical Association (CMA) or the Accreditation Council for Continuing Medical Education (ACCME).

Continuing Education for LCSW's and MFT's:
This course meets the qualifications for 21 hours of continuing education credit for MFT's and/or LCSW's as required by the California Board of Behavioral Sciences. BBS provider is the Sonoma County Academic Foundation for Excellence in Medicine, provider # PCE 649.

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March 11-14, 2010; Santa Rosa, California
Mail in Registration Form

You may also register and pay online or print registration materials through links at [The American Balint Society's website:](#)
Registration Deadline: February 4, 2010

Name / Degree

Professional Role/ Medical Specialty

Institutional Affiliation/

Role in Institution

Address

City

State Zip

Day Phone

Email

Dietary/other special needs

Balint History:

I have participated in Balint group for:
 Never Less than 2 years More than 2 + years

I have led or co-led a Balint group for:
 Never Less than 2 years More than 2 + years

I agree to attend ALL scheduled sessions of the Intensive.

Note: No registration accepted without payment. No on-site registration. If not registering and paying online, make check payable to: American Balint Society, send check and this form (keep a copy for your records) to:

Ritch Addison, PhD
 Santa Rosa Family Medicine Residency
 3324 Chanate Road
 Santa Rosa, CA 95404

Please add \$75 (\$30 for residents, fellows or students) if you haven't already paid 2010 dues.

Registration Fee (See tuition panel)	\$ <input type="text"/>
2010 ABS Membership Dues	\$ <input type="text"/>
Total Enclosed	\$ <input type="text"/>

Contact: Ritch Addison, PhD, Course Director
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